

Zion Benton High School Breakfast

August



Daily –
Choice of Milk
Grab & Go

Jul. 31st-
Aug. 4th

Summer Vacation	Summer Vacation	Summer Vacation	Summer Vacation	Summer Vacation
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Aug.
7th -11th

Summer Vacation	Summer Vacation	Summer Vacation	Summer Vacation	Summer Vacation
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Aug.
14th-18th

District Institute Day	District Institute Day	Freshman Zero Day Bee Bash	Jimmy Dean Breakfast Dog Or Eggoji Waffle Orange Strawberry Craisins	Ham & Egg Biscuit Sandwich Or Cinnamon Toast Crunch Puff Grapes Apple Apple Juice
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Aug.
21st -25th

Egg & Cheese Sandwich Blueberry Muffin Apple Grape Juice	Chocolate Croissant French Toast Sticks Orange Watermelon Craisins Applesauce	Chicken Sausage Muffin Blueberry Parfait Pear Banana Orange Juice	Strawberry Filled Bagel Three Cheese Mexi- Breakfast Maple Flatbread Orange Strawberry Craisin	Country Ham and Cheese Maple Flatbread Strawberry Parfait Grapes Apple Apple Juice
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* Menu may change at any time



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7th -11th

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Aug.
14th-18th

District Institute Day	District Institute Day	Freshman Zero day Bee Bash	BBQ Chicken Cheddar Flatbread MTO Tortilla Bar Egg Chef Salad Mini Corn Dogs Tots Chicken & Pepper Popper Pizza Cheese Pizza	MTO Asian Bowl Chicken Caesar Salad Chicken Tenders Wedge Fries Meat Lover's Pizza Cheese Pizza
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Aug.
21st -25th

Breaded Fish Melt Breakfast For Lunch Buffalo Chicken Salad Chicken Nuggets Waffle Fries Pepperoni Pizza Cheese Pizza	MTO Tortilla Bar Crispy Chicken Caesar Salad Corn Dog Fries Spicy Chicken Pizza Cheese Pizza	Chicken Alfredo w/ Texas toast Chicken Tenders w/ Rice & Thai Sate Sauce Ham Chef Salad Popcorn Chicken Crinkle Cut Fries Sausage Pizza Cheese Pizza	MTO Tortilla Bar Egg Chef Salad Mini Corn Dogs Tots Chicken & Pepper Popper Pizza Cheese Pizza	Buffalo Chicken Mac & Cheese Chicken Caesar Salad Chicken Tenders Wedge Fries Meat Lover's Pizza Cheese Pizza
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All Lunches Must Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

Daily-
Choice of Milk
MTO Grill Bar
Uncrustable Lunch
Fruit & Vegetable Options



REIMBURSABLE MEAL | COMIDA REEMBOLSABLE

High School Lunch

Almuerzo para la secundaria

STUDENTS

must select a
minimum of

**3 MEAL
COMPONENTS**

at least one of which
must be a **FRUIT**
or **VEGETABLE**

Extra full servings
from any food group
will be charged at
à la carte prices

LOS ALUMNOS
deben seleccionar
un mínimo de

3 COMPONENTES
por lo menos uno debe

ser una **FRUTA**
o **VERDURA**

Las raciones completas
adicionales de cualquier
grupo de alimentos
se cobrarán al
precio a la carta

vegetables



verduras

fruits



frutas

bread/grain



pan/granos

milk



leche

meat/meat alternate



carne/sustituto de carne